

TRICIA ZODY
Another Beautiful Life
PODCAST GUIDE

This guide is intended to be used as a complement to my podcast “Another Beautiful Life.” It is best utilized after listening to the corresponding episode. Please take some time to be contemplative in your answers. My suggestion is to ask the Holy Spirit to lead you through it before you begin. I’m already praying you hear His voice clearly.

Episode 110 - Pull The Weeds

Sin in your life is much like weeds. If you don’t immediately go after them and yank them out, they will begin to choke out all that’s good and holy and just in your life. It will weave its way in and entangle you in its system and you’ll find yourself weak and vulnerable, and maybe even spiritually dead.

1) What are some areas of your life that may need attending to?

Weeds have no self-sustaining nutrients or self-sustaining life. They needed the soil to live. Your sin is the same. It needs your heart and mind to live. Yank it out and it has no life of its own. It dies. It needs YOU and your permission to live and thrive and grow.

2) What are some specific sins that you need to rip from the soil of your heart and mind?

Hebrews 12:1 tells us to “throw off everything that hinders and the sin that so easily entangles” us. You can decide today that you don’t want to give that sin permission to entangle you any longer. You’re tired of getting your real life, your abundant life, choked out. You get to decide. The will is stronger than you realize. When the will wants something it directs the mind and the mind complies.

3) What is it that you’d like your will to direct your mind to do regarding your sin?

Your will and your beautiful brain are more effective than you know. You are not at the mercy of a sin stronger than you. You can pull the weeds. You just need to decide to.

But sometimes you might need some help to do this. Who could you call or where could you go to get the help if you need it?

4) Make a list of possible people or sources for help:

Philippians 4:19 promises that God will supply every need that you have according to His riches in glory. He's going to supply the way to pull the weeds. To get, not just those pretty flowers up, but the whole gnarly system, roots and all. He's going to do it by His spirit (Zechariah 4:6). He's right there with you giving you supernatural strength, and solutions, and resolutions to do it.

I'd love to be one of your sources to get free of the sin that so easily entangles by helping you pull the weeds. Feel free to email me at: coaching@triciazody.com.