

TRICIA ZODY  
*Another Beautiful Life*  
PODCAST GUIDE

This guide is intended to be used as a complement to my podcast “Another Beautiful Life.” It is best utilized after listening to the corresponding episode. Please take some time to be contemplative in your answers. My suggestion is to ask the Holy Spirit to lead you through it before you begin. I’m already praying you hear His voice clearly.

**Episode 23 - Longings Fulfilled**

We go throughout our lives trying to find that which will bring us happiness, love, peace, satisfaction and contentment. We search for things that will make us feel approved, worthy, and accepted. We look for it in relationships with friends or lovers. We look for it in our jobs, our volunteerism, our time and service given. We look for it in recreation, in possessions, in talents, in a bigger house, prestigious titles, the right set of friends, cars, clothes, kids. We search for it in the approval, recognition, or plaudits of others. We fill our lives and our calendars full, hoping that will be the answer. Busy, busy lives. There’s a longing for something that’s just out of reach, so you grab whatever comes by next, whatever is available next, hoping that is the thing that finally satisfies you. But you lay your head down at night still hungry. Still yearning. Still craving.

1) What is it that you’ve realized you’ve been chasing after that you think will satisfy you?

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God put this “holy crave” within us. What we come to realize is that **He is** these things that we crave and so He is what we should apprehend.

I shared a story with you about my own longings that were going unfulfilled. I literally said, “Father, here they are...all the things my heart craves. All things that make me heavy sigh. I need you to either remove these longings within me so that they no longer cross my mind or fulfill them.”

2) What is it that you need Him to satisfy or fulfill in your life?

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Ecclesiastes 5:5 says, “For she will not much remember the days of her life because the Lord keeps her occupied with joy in her heart.” (I’ve changed the pronouns to make it more personal to me.) This promise has proved true in my life. The disappointments of longings unfulfilled are not much remembered because what my entire being has craved from the beginning has been satisfied with the joy of the Lord.

3) Write out this verse, inserting your name where there are pronouns.

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Now, what do we to do? Where do we look for the satisfaction of this thing we so long for? What I’ve discovered is that it’s not in the ‘doing’ but in the ‘being’. When you say “yes” to the love-gift Jesus offers, it’s there you find being loved by Him is exactly what you’ve been searching for, craving. When you add nothing to that, you find the fullness of who you are. And that is simply enough. It’s a fullness, a completeness, a satisfaction of the “Holy crave” like you’ve never experienced before. And, friend, it’s exactly what you were made for.

Friend, you may still be wondering how God is going to satisfy your unfulfilled longings. Let me tell you, it’s a supernatural thing, for sure. The peace that I have in my home, the ability to laugh truly from the belly, the joy that I have that is deep seated, the ability to know that I’m okay just where I’m at - all of this is found in Him. He’s just waiting for you to ask Him to be the satisfaction of *your* longings, too.

4) What would you like to tell Him about this right now?

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