

# Another Beautiful Life

## Podcast Worksheet

This worksheet is intended to use as a complement to my podcast “Another Beautiful Life.” It would benefit you most if you listen to the episode before continuing. Please take some time to be contemplative in your answers. My suggestion is to ask the Holy Spirit to lead you through it before you begin. I’m already praying you hear His voice clearly.

### **Episode 3 - A Crisis Of Faith**

One definition of ‘Crisis of Faith’ is “Believing that you no longer know what you thought you once knew – especially about God.” A ‘Crisis of Faith’ has a way of exposing the true heart.

- 1) Take a moment to reflect on a time when you may have had a ‘Crisis of Faith.’ Jot down a few details here describing it and include how it affected your relationship with God.

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It seems that the dictionary has ‘believe’ and ‘trust’ as synonyms. However, I can *trust* that God will do what He pleases, but not *believe* that He will do one thing or another...especially for *me*. Literally, I was saying to myself, “My ‘believing’ was off. What in the world am I to do now? How do I move on from here? Because I don’t know if I can trust myself anymore. Or God’s promises.”

- 2) What is something that you believed wholeheartedly before and now question?

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- 3) What do you do when you feel like you can’t trust yourself or God anymore? What are the results?

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In the podcast, I mentioned that I was doubting everything and, at the same time, knew that now more than ever I needed to *believe*, to have faith, to step out and *know* that God was taking care of me and of things.

Romans 8:28 says, "For God works all things together for *good* according to His purposes."

My husband's pain that led to his death made me say, "This doesn't look like it's good at all!" But this scripture says He's working things out *for* good, not that all things *are* good. God's good *always* has to do with His kingdom purposes...not our comfort. He has a plan to use even our crisis for His glory and even for our good. If you're in the middle of great pain right now, friend, this might be hard to hear. It is true that my initial definition of "good" was probably off – mainly because it had me and my comfort solely in mind. It was only "good" in my book if it made me happy and gave me what I wanted.

4) What is something you're questioning God's goodness on? What is it that you need to believe again?

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I want to encourage you to trust that you don't know fully what you *think* you know. Trust that the God who created you intimately knows you - what you're about, what you need *and* want, and what you fear.

Look up these two scriptures and write them out:

Psalm 145:9 \_\_\_\_\_

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Matthew 7:11 \_\_\_\_\_

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5) Write a brief prayer asking God to reveal to you His goodness in spite of what you see or what you think you know:

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When we get a more heavenly perspective of things, we will be able to understand a little better our place in this world. Surprisingly, seeing things through this heavenly lens brings stability, peace and calmness, and a real settled feeling – even in the midst of unbearable circumstances. He has a strategy to use us in partnering with Him in His divine purpose. He works all that yuk, that pain, that which looks like unbearable circumstances, He works all of that for good.

6) How do you think God could use you and your story to partner with Him ‘for good’?

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My own little theology was dismantled and is being put back together rightly. It no longer has *me* as the leading character in this play called life, but has allowed me to consider all things, think about all things, and rectify all things with the truth that God and His kingdom is the focus of *all things*. I pray you have the privilege of seeing ‘rightly’, too.

Friend, this One is with you, working things out in a way that He gets the glory from your story – and in order to do so, makes sure that your story turns out *good for good*. I’m praying you will always choose to live Another Beautiful Life.

**This is the last of the free Personal Development Worksheets. If you would like to have access to my study vault, which includes one worksheet for every episode topic updated weekly, I would love for you to join the membership on my website for just \$19.97/mo. You will have life-time access to all of the contents within the study vault. You may cancel at any time. Join the membership here: [www.triczody.com/membership-plans](http://www.triczody.com/membership-plans)**