

Another Beautiful Life

Podcast Worksheet

This worksheet is intended to use as a complement to my podcast “Another Beautiful Life.” It would benefit you most if you listen to the episode before continuing. Please take some time to be contemplative in your answers. My suggestion is to ask the Holy Spirit to lead you through it before you begin. I’m already praying you hear His voice clearly.

Episode 16 - Danger In Our Safety

There is something wired in each one of us that seeks out a life that is safe. We work very hard ensure safety in relationships, in our finances, our environment, and even our reputation. As humans, it’s been long known that we’ve been created with the Fight or Flight response, an innate urgency to survive and live. As a part of self-preservation, we’ve been built to desire security and comfort.

1) What is it in your life that creates a sense of comfort and security for you?

We work hard to create our little cocoon of safety. Creating this bubble of comfort. The bible calls these things “treasures” that we store up on earth. And these treasures are quite literally things that make us *feel* safe and comfortable in life- tangible and intangible. And God is asking us to give up those treasures on earth and tells us if we do, we will find true life. Matthew 10:39 says, “If you cling to your life, you will lose it.” *This* is the “Danger in Safety” we’re talking about – living a life dependent upon ourselves and not God. Instead, Jesus says, “if you give up your life for Me, you will find it.”

2) What are the “treasures” in your life that God is asking to give up in order to find true life?
If you’re not sure, stop, close your eyes, and ask Him to reveal those things to you.

3) What gets in the way of giving up those things that provide safety in your world?

Giving up those things that provide comfort and safety is an act of self-preservation. Let me explain that. Independently acting as if I am in control of my life is to not surrender to the truth of His sovereign rule and benevolent care. I may give it lip-service, but it's not 'surrender.'" Therefore, I am choosing a life outside of His fathering. I am holding Him at arm's length that exposes the truth that He is not *Lord* of my life. So, if I push myself into a situation that I cannot but be surrendered, it is for my own good. It's *actual* self-preservation.

4) Are you willing to put yourself in a place of total dependence and trust in God to provide all that you need in your life...for *all* of your life? Why or why not?

To live in the "enoughness of Jesus" means that we give up comfort; embrace risk; apply faith. We learn to live solely dependent upon God to care for us, protect us, supply for us, and be our leader. We learn to live free from the trappings of this world.

5) How do you need God to show up for you as you live in the "enoughness of Jesus"?
You might want to write this as a prayer.

I have known and experienced God and His character in many ways over the years. But I've never known Him *this* way – to let go of everything, to put myself in such a risky place, to live solely dependent on Him showing up...or else. Knowing God this way is to know that the security and comforts of this world are of no account, given up for the security and comforts found in the Lord. Are you ready to know Him this way, too, friend?

There's great reward in living outside of our self-constructed safety bubbles. God is calling us to a place where we happily surrender to living totally dependent upon Him. He wants us to be willing to put ourselves in situations of self-imposed desperation; to do things that make us uncomfortable and make us *have* to look to Him. Living a life of faith means we have to pull away our safety net; to live solely dependent upon Him to show up. He is inviting you to do this with a promise that He will show up for you!