



15 Powerful Questions for Decision Making

- 1) What do you think would happen if you do the thing that you want to do most?
- 2) If you knew it would turn out amazing either way, what would you do?
- 3) Who would you be if you did do “this thing”? Who would you be if you didn’t?
- 4) What happens if you chose a particular option? What happens if you don’t?
- 5) What doesn’t happen if you choose one option over another? If you don’t?
- 6) Will this choice propel me towards the life I want, or will it keep me stuck in the past?
- 7) Will this choice bring me long-term fulfillment, or will it bring me short-term gratification?
- 8) Am I standing in my power/agency or am I trying to please another person?
- 9) Am I looking for what’s right or am I looking for what’s wrong?
- 10) Will the choice challenge and grow my faith or keep me comfortable?
- 11) Will I use this situation as a catalyst to grow and evolve or will I use it to beat myself up?
- 12) Does this choice empower me, or does it disempower me?
- 13) Is this an act of self-love or is it an act of self-sabotage?
- 14) Is this a decision made from faith or a decision made from fear?
- 15) Am I choosing from my connection with God or am I choosing from my independence?