

Another Beautiful Life

Recommended Reading

The Bible

The Body Keeps The Score by Bessel Van Der Kolk, M.D.

Anatomy Of The Soul by Curt Thompson, M.D.

Victory Over The Darkness by Neil T. Anderson

Getting Past Your Past by Francine Shapiro, PhD

Walking With God Through Suffering And Pain by Timothy Keller

After Suicide by John H. Hewett

The Practice Of The Presence Of God by Brother Lawrence