

TRICIA ZODY
Another Beautiful Life
PODCAST GUIDE

This guide is intended to be used as a complement to my podcast “Another Beautiful Life.” It is best utilized after listening to the corresponding episode. Please take some time to be contemplative in your answers. My suggestion is to ask the Holy Spirit to lead you through it before you begin. I’m already praying you hear His voice clearly.

Episode 91 - 3 Lessons Learned About Being A Christian

The first of the three lessons learned: It wouldn’t be the first time someone did it. Christians sin. You’re a sinner. I’m a sinner. We’re going to sin.

1) What do you think about the fact that even a Christian you’re going to sin?

The issue is not whether or not we’re going to sin. It’s what we’re going to do about it when we do. But, when we sin and we feel the conviction of the Holy Spirit, we have a choice to make in that moment: to obey or not.

2) Recall a time when you felt the Holy Spirit’s correction or direction and write here. Did you obey?

The Apostle Paul says he does what he doesn’t want to do and doesn’t do what he should. There are also countless stories in the Bible of God’s children that sinned horribly, including King David, whom God called “a man after my own heart.” You’re not the first and you won’t be the last Christian to fall short and miss the mark. But you must ask for forgiveness and then obey.

3) What is it that you need to ask the Heavenly Father forgiveness for? What will you do to obey?

The second lesson learned is that if you've chosen wisely, when you've totally missed your target someone's coming to look for you. They care about you so much that they're going to ask you about your actions and decisions. They're going to come get you with the means to provide a way back to the target area; to set your heart and mind right; to come back into alignment with the precepts of the Bible, those things that please our Heavenly Father.

- 4) Take an assessment here of those you are surrounding yourself with. Are they coming to bring you back into alignment with God's Word?

The third lesson learned about missing the target is that it would expose areas of spiritual weakness so that we can course-correct.

- 5) Identify where you see you need to course-correct. Then ask yourself, "Why did I miss the target? What's going on? Why do I keep missing it over and over? What's causing this weakness? What's causing me to not want to even quit trying? What am I believing? Or better yet, what have I *quit* believing? What messages am I entertaining that would lead me to believe that I'll never get it, I'll never even get close to acting in ways or doing things that God is asking me to."

In First Corinthians 9:24-27, Paul likens his spiritual practice to the training of an athlete. He says athletes are disciplined, training their bodies to do what it should do to win the prize. They don't give up, but keep at it, honing their skills, over and over. Paul says he's doing the same. Paul said he wasn't perfect, but that he's *trying* to live in a manner pleasing to God. He's *practicing* his maneuvers in order to make it his own. He's going to practice and practice and practice until his approach and delivery feel as natural as breathing. This is our example, friend. Each time we miss the target is an opportunity to course-correct - to ask forgiveness, obey, and move on.

3 Lessons Learned:

- 1) Christians sin
- 2) Christian friends come to get us when we're off target
- 3) Missing the target exposes areas that need more practice