



Tricia Zody

Certified Life Coach for Christian women, podcast host, inspirational & motivational speaker, and Author: Another Beautiful Life: A Christian's Journey to Finding Peace and Hope in Brokenness.

Things I love to talk about:

- Using Neuroscience and the Word to Renew Your Mind
- Creating The Life You Love After Loss
- Setting Healthy Boundaries
- The Heart of a Woman: Created for More
- Finding Rest in a Busy World
- When Things Don't Go As Planned
- Hope In All Things
- Unfulfilled Longings
- Thankfulness in the Midst of Suffering
- Finding Your Purpose After Life-change

My Book:



#1 Best-Selling New Release on Amazon

OFFERING HOPE

Tricia is an inspirational and motivational speaker whose passion leads women into freedom. She offers a fresh perspective on the latest neuroscience-backed research, integrated with Biblical faith, to provide practical and life-transforming application for the audience.

Tricia has a way of communicating that uniquely resonates with listeners — leaving them feeling understood, inspired and encouraged. Using her own experiences of how God helped her step into another beautiful life after tragedy, she brings hope that empowers women to walk in God's truth and transform their lives.

ABOUT ME

In 2017, after the tragic death of my husband of 30 years, I found myself in a place of despair, overwhelm, and vulnerability like I had never experienced before. I had no idea how I would go on, much less believe I could live a beautiful life again.

I grew up in the Christian church and dedicated my life to Christ at an early age. Yet, when my husband died by suicide, I questioned everything I believed about God. I had a "Crisis of Faith."

It was then that I heard God whisper, "Tricia, you can have Another Beautiful Life. Follow Me."



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[Podcast: Another Beautiful Life](#)

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