

TRICIAZODY
Another Beautiful Life
PODCAST GUIDE

This guide is intended to be used as a complement to my podcast “Another Beautiful Life.” It is best utilized after listening to the corresponding episode. Please take some time to be contemplative in your answers. My suggestion is to ask the Holy Spirit to lead you through it before you begin. I’m already praying you hear His voice clearly.

Episode 139 – In 5 Minutes: Better Not Bitter

When you’re suffering through trials, you have a choice: to allow it to make you better or to make you bitter. One of these will bring glory to God.

1) Write down your trial and describe how you have been experiencing it thus far:

James 1:2 says, "Count it all joy when you meet trials of various kinds..."

2) What are your thoughts about “counting it all joy” regarding your trial?

James 1:3 says, “...for you know that the testing of your faith produces patience.” He’s saying that when we are in these fiery trials there’s something transformative that can happen. As we walk it out in faith, we’re able to learn more and more patient endurance under the pressure that creates in us a better character that looks more like Jesus than our old selves.

3) What have you learned about yourself in your trial?

Verse 4 says that when we allow the transformation to happen in us in the fiery trial, we will *feel* different. We will *see* differently. We will understand our life with a different perspective. It says, "And let patience have its full effect, that you may be perfect and complete, lacking in nothing."

4) What kind of transformation do you need in order to look more like Jesus?

When we walk out our trials in faith, we experience more of God in it. It's in the valleys of life that we discover more and more of who God is, not when things are going smoothly. The more we discover about Him the more we know Him intimately. The more we know Him intimately the more we love Him and are willing to confess and submit to Him. This makes us better.

5) How have you experienced God in your trial and what do you know about Him differently?

We can "count it all joy" because God is going to use this fiery trail to bring glory to Himself and to advance His kingdom. In other words, our troubles will not be in vain. They will be used for a glorious and impactful purpose if you let it. If you value this, this will make you feel complete and satisfied and content...lacking nothing, as verse 4 tells you it will.

6) Write a prayer asking God to use your trial to bring glory to Himself:

If we choose to let whatever we're facing today transform us, we will go through it in peace lacking nothing whatsoever that allows us this peace. If we choose to value God's glory in our trial, then we can be sure it will make us better, not bitter.

If you'd like some help in this area, I'd love to be your Life Coach. Feel free to email me at:

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