

Another Beautiful Life

Who Am I?

You have been created for a God-given purpose. Your path to that purpose started as a young child. You have been shaped in unacknowledged and often unconscious ways. Because most of them have been unconscious, we're quick to believe, "Well, this is just the way I am." Or, "It's just my personality," when it's actually formed perceptions from each and every experience in your life up until now. Most of the time, we don't even stop to question why we do the things we do, say the things we say, or believe the way we do.

This worksheet is designed to dig in a little deeper to see where we "come from," as in, what has been the driving forces that have created "us."

Thoughtfully and prayerfully answer these questions. Take some time and don't rush. Ask your subconscious these questions and find your answers.

1) I am...

2) I am not...

3) I've always struggled with...

4) I've always been good at...

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5) People would describe me as...

6) I am known for...

7) If I had to give up _____ I would be nobody.

8) My life's purpose is...

9) My wildest dream for my life is...

10) The thing I must avoid at all costs is...
