

TRICIAZODY
Another Beautiful Life
PODCAST GUIDE

This guide is intended to be used as a complement to my podcast “Another Beautiful Life.” It is best utilized after listening to the corresponding episode. Please take some time to be contemplative in your answers. My suggestion is to ask the Holy Spirit to lead you through it before you begin. I’m already praying you hear His voice clearly.

Episode 99 - F.I.X. Your Husband: Part 2

This week, we’re focusing on intimacy. Intimacy is defined as a “a closeness in familiarity or friendship.” It’s an opportunity to be cared for, known, understood, and loved for who we are. Intimacy allows us to be vulnerable and comfortable around our partner no matter what.

1) Describe your perceived level of intimacy with your partner:

2) Some of the most important types of intimacy that creates and safeguards connectedness include intellectual, emotional, physical, and spiritual intimacy. Use this space to analyze and describe each of the types of intimacy in your relationship with your spouse:

Intellectual -

Emotional -

Intellectual -

Emotional -

Register for the F.I.X. Your Husband workshop here: www.triczody.com/fix