

Another Beautiful Life

Podcast Worksheet

This worksheet is intended to use as a complement to my podcast "Another Beautiful Life." It would benefit you most if you listen to the episode before continuing. Please take some time to be contemplative in your answers. My suggestion is to ask the Holy Spirit to lead you through it before you begin. I'm already praying you hear His voice clearly.

Episode 4 - Now, This Is The Life

Someone called me not long ago, and when I asked how they were doing they responded, "Oh, just living the good life." I've heard this term said many times in my life. Usually it's said when you've gotten to do something you love, something that says "I've arrived." Maybe you've finally gotten to go on that vacation and lay on the beach. Or maybe sailing on a boat on the open ocean. Maybe it's said when that end-of-year bonus comes in or the stock market is up and your bank account is padded. Maybe then you get to buy that luxury vehicle and feel like you're finally 'living life.'

- 1) What do you think? What defines or describes 'life' to you? What would tell you you're living the 'good life'?

- 2) We are constantly inundated with messages and advertising that tells us what we should possess for the 'good life.' What are some of those messages that have caught your eye?

Psalm 63:3 says, “Your steadfast love is better than life.” It is a truth that God’s love is better than *anything* we could define as ‘life.’

3) Using the things you listed in question #1 that define ‘life’ to you, fill in the blanks with those things:

- “Your steadfast love is better than _____.”
- “Your steadfast love is better than _____.”
- “Your steadfast love is better than _____.”
- “Your steadfast love is better than _____.”
- “Your steadfast love is better than _____.”
- “Your steadfast love is better than _____.”

I mentioned on the podcast that I basically freaked out when my finances were threatened upon the death of my husband. You’ll know something is an idol in your life from your reaction or response when it’s threatened or taken away from you! It was exposed that the security of a padded bank account was my idol. What about you? If everything was taken away, would your value, worth, or status take a hit? Would you feel lost and less-than? Would you feel like life was dull, over, not worth living? Or would you find that Jesus and His steadfast love for you were enough? Would you suddenly find the meaning of “the good life”? Would you find that you never were really living “before”?

4) Record your thoughts here:

The Bible warns us, “Do not love the world or anything in the world. If anyone loves the world, love for the Father is not in them. For everything in the world—the lust of the flesh, the lust of the eyes, and the pride of life —comes not from the Father but from the world” (1 John 2: 15-16). John 12:25 says, “Those who love their life in this world will lose it. Those who care nothing for their life in this world will keep it for eternity.”

5) In what ways do you “love the world”?

CS Lewis said, "Prosperity knits a man to the world (which Satan is the god of and hence, he knits himself to Satan's value system). He feels that he is finding his place in it; when really, this corrupt value system is finding its place in him, (promoting in him lust, envy, pride, lying, cheating, selfishness, gluttony, etc.)."

6) Can you identify ways in which you have "knit" yourself to the world and its value system?

7) If this worksheet has been difficult for you in any way, will you close your eyes right now and ask the Lord to show you His truth? Ask Him to show you where you need to let go of the things of this world and cling solely to Him. Ask Him to show you how to live the *true* good life.

Look up Philippians 4:11 and record it here: _____

We are striving to get to a place to be able to say that if everything we define as 'life' is removed from our lives we're still able to be content and at peace; we're able to feel satisfied with what we have enough to call it 'good life.' God wants you and me to truly live the good life! But it's not the life Satan offers, for that is a cheap imitation that certainly leads to death. God offers a satisfying life, full of joy, peace and contentment! There is nothing sweeter than finding yourself praising God for all that you have and all that you don't have. It's where true life, the good life, is found. I'm praying you will choose the good life that's found in Jesus alone. I also pray you always choose to live Another Beautiful Life.