

TRICIA ZODY  
*Another Beautiful Life*  
PODCAST GUIDE

This guide is intended to be used as a complement to my podcast “Another Beautiful Life.” It is best utilized after listening to the corresponding episode. Please take some time to be contemplative in your answers. My suggestion is to ask the Holy Spirit to lead you through it before you begin. I’m already praying you hear His voice clearly.

**Episode 148 – Why, God?**

1) What is something that has happened in your life and you just want God to tell you why it happened:

---

---

---

It’s quite possible that if He told us, we wouldn’t be able to handle it. If God let us know what was up ahead, we probably couldn’t handle it. If we were told why something happened, something that we just don’t have an explanation for now, we probably couldn’t handle it. Not because we couldn’t intellectually understand it, but more so that we couldn’t actually process it. As in, it wouldn’t make sense to our human minds.

“If any of you lacks wisdom, you should ask God, who gives generously to all without finding fault, and it will be given to you,” - James 1:5.

2) What is it that you’d like to ask God?

---

---

---

---

---

When we invite God into our situation, He helps us detangle our thinking that keeps us only seeing things from our narrow, earthly perspective.

3) What are your thoughts about your particular situation in relation to God and His bigger plan?

---

---

---

---

---

---

---

Your thoughts have come from your perspective of childhood experiences, generational norms, cultural norms, religious traditions, and also out of what you've been taught - directly or indirectly - in your family of origin.

4) Write any of those thoughts you listed above that are without wisdom and truth here:

---

---

---

---

Inviting God to expose lies and then trade them for wisdom and truth allows us to begin seeing through a new lens to understand the things in our lives with a heavenly perspective - God's perspective. And God's perspective is always truth. In Matthew 16:24, Jesus asks us to set our minds on the things of God, NOT on the things of man. God has a heavenly purpose for all that we're watching play out on this earth.

5) How do you think God is working through your situation for His glory and for your ultimate good?

---

---

---

---

Another way to change the way we see our situation is to filter everything you see and experience through the lens of the Word of God. The more we put this to practice, the easier it is to see our circumstances with a godly view and how they fit into God's plan and purpose. As you search the Word for answers, know that the Holy Spirit is there to give them to you.

6) Search the Word of God regarding your situation. A great resource to search by a topic is [www.blueletterbible.org](http://www.blueletterbible.org). Record what you find that brings new *truth* perspective here:

---

---

---

---

---

---

We can create a perspective shift by practicing "realistic optimism."

7) Create a hopeful and empowering story about your situation without denying or minimizing the facts.

---

---

---

---

---

---

Friend, you are called to His purpose. And somehow what you're going through is part of that bigger purpose, even if you don't know why. But you can trust Him with it.