

Another Beautiful Life

Podcast Worksheet

This worksheet is intended to use as a complement to my podcast “Another Beautiful Life.” It would benefit you most if you listen to the episode before continuing. Please take some time to be contemplative in your answers. My suggestion is to ask the Holy Spirit to lead you through it before you begin. I’m already praying you hear His voice clearly.

Episode 13 - Something New: Part 2

I understand, you might not want “something new” in your life. Perhaps, you just want your “old” life back. The life where things weren’t full of pain, the life where your loved one was here again, the life where there was certainty and stability. But, one thing I know for sure, once things change, you’ll never have your old life back. Change has occurred, and so things will not be like the “old.” Not like it once was.

So, what do we do? Where do we go from here? Surely, we must be going somewhere. It’s something new, that’s for sure. But, is it going to be good? Am I going to survive...and even thrive? Am I going to be happy again? Hopeful again?

1) How would you answer those questions for yourself as you are pushed forward into something new?

What if we’re not sure where to go or what to do from here? What if there are still just so many unanswered questions and things aren’t quite clear?

I shared my story about when my Mom was diagnosed with an inoperable glioblastoma of the brain. I had no idea where to go from there. The decisions were daunting. Where do I even start? Isaiah 42: 16 came to life for me that day. God said, “And I will lead the blind in a way that they do not know, in paths that they have not known I will guide them. I will turn the darkness before them into light, the rough places into level ground. These are the things I do, and I do not forsake them.”

2) What is it that you need God to guide you in, showing you the way to go?

This is what He does. He declares it Himself saying, “These are the things I do...” Deuteronomy 1:33 says, “The LORD your God, went before you in the way to seek out a place to pitch your tents...” God marks out new paths. He moves mountains, providing the “too hard, too big, impossible thing!” “The LORD your God who goes before you will also be the One, Himself, fighting the battle for you.”

3) Sometimes we just need to say, “I believe, yet help my unbelief.” What would *you* say to God?

Deuteronomy 2:7 says, “For the LORD your God has blessed you in all the work of your hands. He knows your going through this great wilderness. These forty years, the LORD your God has been with you. You have lacked nothing.” God knows what you’re going through and He’s right there with you.

But maybe there’s a new path ahead that just looks too daunting, and you’re just not totally sure how God could possibly show up for you. Is there something heavy you’re carrying today and you’re just having a difficult time trusting God with it? Perhaps I could encourage you to *entrust*. The definition of entrust is: to deliver something to; to give over, hand over, transfer, turn over, pass. When you feel like it’s hard to trust, entrust. Meaning, turn over the overwhelming feelings to God; hand over the fact that you worry over the weight and responsibilities; pass to Him your disappointments, pain, loss, grief, worry, and fears. Entrust the plan, the purpose, and the way of your life to Him. Just let Him have it. All. That’s what it means to entrust.

4) What are the things that you need to *entrust*, to hand over to God? Let Him have it all.

The antonyms of “entrust” are: detain, possess, receive, take in, hold on to, keep, retain. We definitely don’t want any part of that! The journey to fully trusting is to entrust.

Friend, the path to something new is before you. Will you choose to let God lead you in the way that you’re to go? Will you entrust the plan, the purpose, and the way to the God who so deeply, so intensely cares for you? He’s got something beautiful ahead. Another beautiful life! Not like the life you’ve known, no. But He’s making something beautiful out of the broken. Won’t you let Him?