

Another Beautiful Life

Date _____

Create The Life You Love Journaling Worksheet

1) What do you think should be different about you? What do you wish were better?

2) How would your life be better/different if these things were to change?

3) List out people in your life (spouse, children, co-workers, friends, etc.) that should change.
How would you like them to be different and why?

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4) How should your past have been different than it was?

5) How would your life be better/different if these things were to change?

6) If you could change your life right now, what would you change and why?
