

TRICIA ZODY  
*Another Beautiful Life*  
PODCAST GUIDE

This guide is intended to be used as a complement to my podcast “Another Beautiful Life.” It is best utilized after listening to the corresponding episode. Please take some time to be contemplative in your answers. My suggestion is to ask the Holy Spirit to lead you through it before you begin. I’m already praying you hear His voice clearly.

**Episode 133 – Your Re-Purposed Life**

Many times, there is an embarrassment and/or shame that surrounds our past. Whether that be a distant past – like something in our early growing up years – or a more recent situation. In the podcast, I gave some examples: Growing up in poverty and being made fun of; something embarrassing that you’ve done; growing up in a very dysfunctional family; something shameful was done to you; you’ve been divorced more than once; you’re in a situation that’s surrounded by stigmas and judgment.

1) What is in your past that you are embarrassed or ashamed of?

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Where there’s embarrassment and shame there’s a tendency to want to hide it. The problem is that hiding your past circumstances or experiences from other people doesn’t actually hide it from yourself. As a result, there’s a tendency to pretend or even deny it. Either way, you’re not being authentic to others or to yourself, and subsequently not able to be authentic to God.

2) How are you responding to your past experiences? What are you doing or not doing?

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All that you’ve ever been through and experienced is pointing to your re-purposed life. God wants to use all of it. So, it’s important to learn to become friends with your past. That just means accepting it. It is what has shaped you for the journey ahead. Those hard things have been what has refined you, changed you, even made you more like Christ. It’s the thing that sets you up for your true meaning.

3) What could you say to your heart to accept the past and allow it to be used for your re-purposing?

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We need to remember in our present life that we feel is wrecked because of our past, we will only find that true meaning when we're pursuing our chief end - to glorify God and enjoy Him forever.

4) Use this space as a prayer to ask the Lord to show you how He wants to use your past experiences for your re-purposed life and for His glory.

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5) Write what the Lord reveals here:

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If you are not doing what God created for you to do because of embarrassment and shame of your past, you are playing right into the enemy's hands in keeping you from glorifying God and enjoying Him. That's exactly what he's trying to get you to do. He's trying to get you to disengage, to disarm you, to kill, steal, and destroy the re-purpose you have on the other side of that thing.

Why? Because he knows your testimony of God's forgiveness, restoration, healing, and rebuilding will destroy his kingdom and advance God's kingdom. God intends for you play a role in the body of Christ. That's what Romans 12:5 tells us, that we each have a different function and role to play. And you are part of the whole. Your life re-purposed directly affects the kingdom of God.

God wants to partner with you in this good work. In Isaiah 43:19 God says, "See, I am doing a new thing! Now it springs up; do you not perceive it? I am making a way in the wilderness and streams in the wasteland." So, be encouraged, friend. God is doing a new thing – your life re-purposed - for His glory and your enjoyment of Him forever!

If you'd like some help in this area, I'd love to be your Life Coach. Feel free to email me at:

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